

DOORWAY TO A KINGDOM



Special pathways for times of uncertainty

TRIGUEIRINHO



IRDIN

Trigueirinho

DOORWAY
TO A
KINGDOM

*Special pathways
for times of uncertainty*



IRDIN EDITORA

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THE POCKET BOOK SERIES

This is an English translation of seven pocket books that were assembled with the aim of summarizing some of the information contained in the books originally published in Portuguese since 1987. This Pocket Book Series is the beginning of the publication of this material in the English language.

Inspired by these books, spiritual study groups have begun gathering in various countries for silent prayer and reflection and the development of their inner potential.

Each book in this series has a way of sparking the impulse to enter the essence of one's being, to become one with the inner world. Although each book is complete in itself and independent of the others, together they represent a journey directing the reader to a new stage in

his or her life. This collection is intended for those who feel called to imbue their lives with sublime principles.

The Light Within You, the first book in the series, gives readers some thoughts for consideration, which may lead them to discover the seed of light within.

Doorway to a Kingdom represents the stage when, once this seed has sprouted, it breaks through the earth and comes into contact with the sun, the air and larger plants that help protect it. It is about contact with the planet's energy centers, which are aiding the development of the souls of human beings.

We Are Not Alone expresses the stage when the stalk has started to form. We grow in awareness of a path to be followed, of choices to be made toward evolution and of tests to go through so that the true purpose of our time on Earth is fulfilled.

Winds of Spirit suggests the stage in the plant's life when it is concentrating on its leaves, breathing in harmony with the rhythms of the Universe. This book is dedicated to prayer. It inspires us and imbues us with clarity to deal with material things.

Finding the Temple is the time when the plant blossoms in beauty and harmony. It invites us to cross the threshold into spiritual consciousness and to participate in the life of groups of souls, and in the work of the planetary Hierarchies.

There Is Peace represents the time when the tree bears fruit. The words are nourishment for a life of service that readers may have already started, or for which they may be preparing.

Finally, **Path Without Shadows** represents the stage when, once the tree has borne fruit, it offers its seeds for the birth of new plants. These writings include a series of mantras in

Irdin, a cosmic language, along with their musical scores, to be used individually or in groups.

These books carry an energy that stimulates the beginning of a new journey of discovery, helping pilgrims return to their immortal origins, their true home.

They are offered during these times of special opportunities being granted by the Spirit.

Trigueirinho

Figueira, 2003

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TO THE READER

Today many people are aware of the spiritual path, its philosophical aspects as well as its practices and self-transformation. However, they are not always able to follow this path with the necessary steadfastness. This is why spiritual teachings counsel increasing receptivity to the transcendent, transforming energies by means of pure love for that which is divine. This attitude of devotion must be free of emotionalism in order to attain its goal with precision. It helps people to advance and to readily enter evolutionary service. At the same time it elevates the positive aspects of their current state so as to adapt it to the new vibration of this planetary universe.

For those who are preparing themselves in this way, we offer this book based on selected and

adapted excerpts from **The Resurgence of Fatima — Lis**. When we first published these writings about the well-known spiritual center at Fatima, the book was divided into several sections that converged, producing a stimulus that enabled the reader to be elevated. In this updated and simplified version we have restricted ourselves to specific subjects that could better help the reader to recognize the intraterrestrial center of Lis as a true source of inspiration.

INTRODUCTORY CONCEPTS

HUMANITY is a form of life that is spread throughout the universes in different dimensions. It is not limited to concrete worlds or to the surface of planets. One of the goals of the evolution of humanity of the surface of the Earth is to enter these dimensions and to gradually experience them.

Among the planets which harbor humanity the Earth is one that most needs to evolve, above all because of the way of life of the inhabitants of its surface. But human beings do not exist only on the surface of the Earth. On the subtle levels of the planet there are colonies, service groups and even multitudes of souls

in a process of purification. Furthermore, a humanity with members in the most diverse stages of evolution can be found in the supra-physical intraterrestrial sphere. This humanity runs the gamut from primitive beings, who inhabit the primordial planes concentrated in the center of the planet, to divine beings who have attained the highest possible levels of evolution in this universe.

This pocket book proposes to contribute to strengthening the link between humanity of the surface of the Earth and evolved intraterrestrial and extraterrestrial humanity.



BY AND LARGE, humanity of the surface of the Earth is divided among three stages of evolution: those who have still not awakened to inner reality, those who are receptive to inner reality

and intend to cooperate toward evolution, and those who consciously live inner reality. We are addressing, above all, those who are receptive to this reality within themselves and within the planet.

Humanity comprises an indispensable link among the many kingdoms that make up the evolutionary stages of a planet. This is mainly because it can channel the energies that are sent from spiritual and divine kingdoms to the infra-human kingdoms.

On Earth, humanity represents the planetary conscious self.* For this reason it has a fundamental role in determining the governing laws of each cycle.

Since humanity's acts have an impact on the other kingdoms, its principal function is to attain higher levels of life.

The planet has reached its present disharmonious state and is in need of healing because

Humanity on Earth and in the Cosmos

Humanity of the surface of the Earth

Intelligence coefficient: from 8 to 12/100
Polarization of consciousness on the
physical-etheric, emotional and mental levels;
awakening to the level of the soul

Evolved Intraterrestrial Humanity

Intelligence coefficient: 80/100 Polarization of
consciousness on spiritual and divine levels

Evolved Extraterrestrial Humanity

Intelligence coefficient: 100/100
Polarization of consciousness on the
divine level of existence

human beings have ignored their true destiny, which is supra-mental evolution.

This healing, as well as the advancement of human evolution, occurs when individuals are committed to positive tasks in benefit of others. It takes place when they fulfill what is foreseen for them in the Plan of Evolution and when they express their own inner reality in the outer world. Under these conditions their task regarding their fellow beings can reach its fullness and their relationships can become authentic.

Thus we see that humanity has an important role to perform in the current purification and reconstruction of the Earth, a role that is still to be recognized and undertaken. Until now this transformative process has been carried out mainly by intraterrestrial and extraterrestrial beings, under the governance of elevated Hierarchies.* This process generates a potent vortex of energy that makes the terrestrial

spheres more subtle and interconnects spiritual and divine life with material life in order to bring about the designs of the Planetary Being.

Undoubtedly, in this era great energy potential has been channeled toward all this.



IN ORDER TO BETTER UNDERSTAND the ideas expressed here, it would be good to know something about the existence and activities of the supra-physical bases of operation and of the planetary centers.

The bases of operation are an important underpinning to the service of the Hierarchies and of the supra-physical vessels. They are mobile and can place themselves in different regions and dimensions, according to the task to be performed. In general they mediate the

energies of the planetary centers for humanity and for the external world.

The planetary centers are powerful nuclei of spiritual and divine life. They pick up extra-planetary and cosmic energies and radiate them in an orderly fashion to all the terrestrial environs. By means of these centers the evolutionary purpose reaches humanity and the other kingdoms that inhabit the planet. The spiritual government of the Earth is anchored in these centers.

An intraterrestrial civilization, bearing the same name, is linked to each planetary center. In the future, humanity of the surface will also become consciously integrated into this sacred context. This is being prepared in the present planetary transition by means of the Rescue Operation.*

This operation, commanded by Entities* and cosmic Hierarchies, seeks to prevent the planet from disintegrating under the weight of the

**The Planetary Centers
and One of the Operation Bases
Active on the Earth**



While consciousness is travelling the
earthly path, Lis acts as its guide and pilot.
When consciousness is ready to seek
solar ways, Lis conducts it to Mirna Jad.
If it deepens and broadens its
inner contacts, it is then
received into Miz Tli Tlan.

enormous physical and psychic pressure caused by the disorderly life of human beings and to allow the planet to continue along its evolutionary path. It brings all planetary life, and humanity in a special way, into a new more subtle vibratory gradation.

This process includes, among other actions, the total purification of the Earth, the transfer of a large part of this humanity to worlds that correspond to its level of evolution and the planet's reconstruction and re-harmonization based on supranatural laws.



THIS BOOK brings an impulse in the direction of spiritual worlds and laws. We consider the energy of the Lis-Fatima center to be fundamental to the action of the Rescue Operation and consequently to the higher evolution of humanity.

Lis-Fatima is an intraterrestrial center, which is a much more advanced civilization than the one that exists on the surface of the Earth. At present it is in charge of providing basic services for the planet.

The humans who inhabit the surface of the Earth are not yet aware of the structure that underlies planetary life. They exploit the resources of the planet without concern for preserving or aiding its evolution. They pursue the satisfaction of their desires and in doing so, disrupt rhythms, disrespect the laws of equilibrium and destroy what nature creates. On the other hand, the supra-physical and intelligent civilizations, each on its own level of comprehension, know the planetary laws and the Plan of Evolution for the Earth, and cooperate directly with their fulfillment. This is why they keep watch over what goes on with this humanity, in order to assist, to inspire and to protect it

from certain dangers which humanity itself is causing. Without this protection, such dangers would be even more threatening. Furthermore, these invisible civilizations receive into their aura, and in certain cases on near-physical levels, beings from the surface of the Earth.

When human beings are focused on the soul level, their evolutionary tasks and works are aimed at the fulfillment of the planetary goal. When they are focused on the spiritual level and express themselves through the body of light,* they encompass the evolutionary goals of various planets and cooperate toward their fulfillment. When they are focused on the monadic level, they begin to serve solar life directly and to express their even more sublime characteristics.

Lis-Fatima touches our consciousness and calls us to awaken, in order to guide us along this vast pathway.

**Levels of
Consciousness of
the Physical Universe
of the Cosmos**

1st – Divine – Level in which the beings express their more celestial and pure nature, the boundary with non-material life

2nd – Monadic – Level at which beings acquire cosmic consciousness

3rd – Spiritual – Level where beings recognize that they are spiritual light and wisdom

4th – Intuitive – Level of the evolved soul; sense of unity and brotherhood

5th – Mental – Level of abstractions and, in its more concrete aspect, of analysis and logic

6th – Emotional – Level of emotions, of passions, of desires and of self-indulgence

7th – Physical-etheric – Level of external action, of the condensation of energy into material forms

Nonmaterial life begins
above the divine level.

The Elder Brothers, both intraterrestrial and extraterrestrial, beings of love and light, who have attained unity with Truth and Life to an inconceivable degree, speak to us through Lis-Fatima.

May we respond to this silent call, which leaves the indelible imprint of Peace on our hearts.

ASCENDING ARROWS

THOSE WHO SEEK spiritual life should not stop at the concealed aspect of the process of evolution, at experiences or visions pertaining to the subtle levels of consciousness. These may often turn out to be illusions. When the principal aim is the fulfillment of the pure Being, any other goal is secondary and becomes a dispersion of the energy that should be concentrated on a single point. The Great Teacher referred to this singleness of purpose as *the only necessary thing*.



THE SPIRITUAL HIERARCHIES, the Healers and the Teachers who act on the inner planes of life, work on the consciousness of the human being. When necessary, they can express themselves in concrete ways, including by means of apparitions, materializations or words transmitted inwardly.



BEFORE ARRIVING at the elevated state of void, a being passes through many phases, to which detachment is a key. The path is shortened when, upon receiving an inner instruction, the being immediately goes to another level and proceeds, in pure faith, along ways heretofore unknown.



AUTHENTIC REVELATIONS come from supra-human levels, channeled to humans through

their higher nuclei. The messages, inspirations, and information coming down from these levels always go through the inner filters of these beings, regardless of whether or not this is realized or accepted.



WHAT HAPPENS TO SPIRITUAL TEACHINGS, on their trajectory from their incorporeal sources to the physical brain of whoever is receiving them, depends not only upon the purity of the one serving as the channel, but also upon the conglomerate composed of the psychic matter of the planet and of humanity, of which the individual is a part. These conditions are undergoing change and in the near future humanity should be definitely polarized on more sublime levels of existence, free from desires and gross illusions.



THE SECRETS OF MORE PROFOUND levels of existence are revealed to human beings when they are able to follow the spiritual law. A portion of those secrets is summarized in the following injunction: *be in the world but not of the world*. When humans allow themselves to *belong* to the world, their dispassion, which is their path to the immutable, becomes lost.



THE HIGHER ENERGY coming from the Hierarchy gathers up the sparks of sincere surrender from those who yearn to ascend to nonmaterial existence. Those who offer themselves in this way are elevated to otherwise inaccessible levels. They are guided to be reunited with their own essence.

What has been announced to humankind will invariably be accomplished. Life in communion

with the spheres of sacred consciousnesses is accessible to those who seek it.



A POWERFUL POSITIVE ENERGY is more active on the surface of the Earth today than in the past, even though it is often not noticed. It reveals itself to those who have no ambition to see it. When it is present, the atmosphere stirs and a flame is ignited within human beings, a powerful invitation to proceed on the Path. Life on Earth goes on, despite the fact that the majority of humanity continues dormant, imprisoned by personal interests and thinking only of benefiting from that which material existence can still provide them. The fact that life does go on, is unquestionable proof of the intervention of this powerful energy.



ONE CAN TAKE different routes toward the doorway to spiritual life. However, there is but one impulse that leads to it: the call toward cosmic integration. Under this impulse, any movement in the direction of the personality amounts to an interruption of a process that is underway. To get lost in human issues means to fragment a field of elevated energy that gradually expands the borders of the inner world. If cracks open up, not only will it take great effort to reassemble this field of energy, it will also take time to eliminate all the forces opposed to the elevation which infiltrated it.



THE STATE OF INNER OPENNESS may seem distant and unattainable to the mind of someone who needs to see the edges of the road being followed. In silence, however, this inner state does set in. By means of compassion and the pre-eminence of the spiritual life, a greater reality

unexpectedly unfolds to one's consciousness, a reality that transcends human limits and that manifests itself as totality.



THE MANIFESTATION OF THE SPIRITUAL KINGDOM on the surface of the Earth is, of itself, a supra-human accomplishment. However, humans will be able to reflect the spiritual kingdom in their outer lives when interacting with the planetary and cosmic symbols and archetypes.



FROM A CERTAIN POINT OF VIEW the planet should have been in condition to manifest harmony and perfection ever since its beginning. Such a possibility, present in the human concept of "Paradise," was safeguarded in the bosom of the Earth and has always been there, pulsating.

In this way, the certainty of taking part in this sublime state was nurtured in many beings.



INNER LIFE, the path to liberation, is fruit of the work that Perfection accomplishes on consciousness, polishing rough edges, and shaping it to the likeness of its own image. Perfection guides consciousness through successive metamorphoses transforming mud into gold. It leads beings away from the state of identification with form toward the state in which they recognize themselves as divine, incorporeal beings.

The energy of the supra-physical spiritual centers also contributes to the inner life of human beings who inhabit the surface of the Earth. Currently this potent energy is linked to those who keep themselves attuned to the purpose of their existence, those who, in humility

and silence, have patiently awaited the time of the encounter with this energy. In times gone by some of these humans, who were faithful expressions of purity and innocence, received the impulse from the Lis-Fatima center into their inner being. They remained linked to it, eventhough they were not aware of it.



LIS-FATIMA has a very fundamental restorative role in the imminent state of chaos. However, a more complete manifestation of this center will await the coming cycle, when humans of the planetary surface will then be able to perceive it.



VARIOUS SPIRITUAL BASES of the planet, among them the one that exists on the subtle planes of the city of Fatima, are working in order for rescuable beings to be removed from the surface of the Earth in a harmonious way during the

approaching times of chaos. Various areas of the planet's magnetic field are being activated to carry out this transfer. The work of the centers is revealed to human beings as they become attuned to the vibrations of these bases. In order for this to take place, it is not necessary to belong to any outer group or sect, since the process is essentially an inner one.

Civilizations have always existed on the inner planes and these have always been mysterious. They do not generally appear in scientific or historical reports. Since they are on supra-physical dimensions, they cannot be detected by current earthly technology, but only by the inner senses, by intuition.



THE INTRATERRESTRIAL CENTER linked to Fatima is a world parallel to the physical one and can express itself in both hemispheres of the

planet. It can also have extensions in the form of vibrations and consciousness in different parts of the solar system and elsewhere. This inner counterpart to Fatima is named Lis.



THERE ARE SO MANY FORCES to be transmuted for the planet to reach equilibrium that all those able to help have already joined in this work. However, the situations and the means by which transmutation is accomplished are varied and unique, and the reasons that move the spirit of those who carry out this service are always mysterious.



SPIRITUAL BASES situated in different dimensions will be revealed subjectively to individuals and to groups who volunteer to cooperate with the

evolutionary tasks related to the current planetary transition, provided their offering is sincere and free from emotionalism and curiosity regarding the manifestation of phenomena. The surrender of self to the depths of one's own inner being in pure faith, together with disinterested service, connect one to these nuclei where extraterrestrial and intraterrestrial energies are anchored.

All links of this nature conceal within them the keys to finding essential divinity.



THE LAW that allows for conscious contact with the different levels of existence of the universe is not limited to a set of rules or to external concepts, although these may be necessary for the aspirant who seeks the Way of the Spirit. The Law is the essence of the Supreme Will. The closer beings get to the Law, the more they

perceive it unhampered by formal trappings.



THERE ARE SPECIFIC LAWS for each plane of consciousness. Laws are trails along which the traveler advances. But when one arrives at the destination, trails are no longer necessary.



FEW HAVE APPLIED IN THEIR LIVES that which they have come to understand. The majority of those who did so have expected human rewards. Great gifts that were offered to them were often rejected. But if these beings call out to the heavens for liberation, the Light imprisoned within them will break through the dense layer deposited over It, and will spread to all corners of the Earth and beyond.



WHEN POLARIZED ON THE HUMAN LEVEL, beings are joined to the forces of matter, thus becoming their instrument and weakening ties with the inner world. But when living in accordance with the Law, they unite with It and nothing external can dislodge them from this state.



ONE SHOULD FEAR NOTHING. Fear only exists where the seeds of darkness can sprout. Right living, a conduct governed by inner instruction, leaves no room for the oppressive forces of fear to prevail. Even atavistic fear, that recurrently impregnates the material bodies of all human beings is dissolved in this manner.

Fear is born when one is involved with the forces of matter and its illusions. On the inner planes, consciousness is Light and Clarity. On those planes, Love is the molding energy and existence transcends the boundaries of

individuality. Thus, when one is connected with one's own essence, there is nothing to fear.



LIFE DOES NOT REST; it goes on ceaselessly. All are summoned to share in its eternal flow, but the majority only watch it go by.

All are given mortar and bricks with which to build their Dwelling Place. May their carelessness and inertia not allow the tempests to destroy this gift.

THE ENERGY OF LIS

THE TASK OF TURNING one's consciousness to the spirit must be carried out in a simple and detached way. In previous cycles of the evolution of the human race, many structures were created to guide this process and they may have rendered important service. However, because of the dynamic transition the planet is undergoing, the teachings and spiritual formation that are limited to formulas, rules, exercises and rites will go on for only a short while longer. This present phase makes it impossible for one to remain imprisoned within rigid

forms. In this way, inner life, which is the fruit of True Essence, is more easily unveiled.



HIGHER ASPECTS OF CREATION are about to become manifest on the Earth. However, it is necessary to deepen and absorb that which was already offered to humanity by the cosmos, and was neither understood nor accomplished in the material world. To reach a state of higher consciousness, the former state must be surpassed.



DESPITE THE PRESENT EXTERNAL SITUATION of the planet, one need not brand aspects of material life as impure or sinful, such as occurred in the teachings of the past. The present development

of the mind already permits human beings to glimpse broader aspects of this life.

Matter, within certain limits, can express sublime things. When matter is receptive to inner energy, it becomes malleable, and like molten gold it takes on the form of a jewel that beautifies the material world. Having expressed such perfection, matter becomes united to the Idea that gave rise to it, ascends to more subtle levels of vibration and becomes transfigured.



THE EXPRESSION OF SPIRITUAL CENTERS such as Fatima, is an offering which, when duly accepted, will enable expansion of human consciousness and contact with the reality that sustains planetary and solar life. It is up to those who awaken to these realities to allow themselves to be transfigured by the Light present in these

centers, thus permitting the channel opened by the Hierarchy to be broadened and perfected.



IN THE PAST when humankind was told to pray seven days and seven nights, this was not an exhortation to carry out formal worship. Seven days and nights represent an entire cycle of manifestation. Therefore, humans were being asked to pray without ceasing to live in total dedication to the Supreme Being.



IN THESE TIMES, the importance of Fatima in the rescue of beings and in their links to centers that exist outside the solar system, is being revealed. On the whole, up to now this center has been known merely by the reflection of its spiritual activities on the surface of the Earth.

These included the *apparitions of the Virgin*,* a cosmic symbol also used by Christianity during the past two millennia. These apparitions, occurring in the city of Fatima, are projections from the intraterrestrial center of Lis, as well as from extraterrestrial vessels responsible for radiating peace and hope to the environs of the Earth.



THE VIRGIN is one of the names given to the Third Divine Aspect,* also called the Universal Mother, Divine Mother, Akasha, primordial Chaos, and others. Furthermore, the idea of the existence of an immaculate virginal energy, a concept that is present in the most diverse religions of the world, is related to the ether, which the ancients claimed to be the divine substance that permeates the entire universe.

During their time on the Earth, some celestial beings who were incarnate in human form, incorporated attributes and principles of this Cosmic Energy or Third Divine Aspect. This Energy is a universal mediating agent which, when contacted by human beings, makes it possible for them to enter into other states of consciousness that would otherwise be inaccessible. The projections by cosmic energy on the subtle planes as the image of the Virgin have been used to stimulate and help the unpretentious and innocent to endure the present times of tribulation.



IN APPARITIONS KNOWN THE WORLD OVER, the figure of the Virgin is used to connect human beings to the state of original purity of matter. This happens not only because this figure holds the secret of the manifestation of the inner centers of the planet, but also because she is a

symbol that came to be understood by the people immersed in material density and who need to connect to the spirit. It is important, therefore, to reiterate that in order to project the image of the Virgin on the earthly planes, the vessels are not using the figure of a person, such as the sublime mother of Jesus, but a cosmic symbol that may be contacted in different ways. The closer human consciousness is to the essence of life, the more these contacts go inwards.



TODAY THE SYMBOLS may be easily projected on our mental screens because the spiritual Hierarchy has subjectively led us to many expansions. Nevertheless, the relationship of humanity of the surface of the Earth to symbols, as well as to planetary and cosmic archetypes, has still not matured sufficiently. To further this maturation, the vessels and the

intraterrestrial civilizations use familiar symbols, for example the Virgin, transmitted in the form of visions or messages. Hence, those referred to as *clairvoyants* are channels of reception and, sometimes, channels of diffusion of these symbols, as well. Such association with subtle images builds up networks between the terrestrial surface and intraterrestrial and extra-planetary life.



WHEN THE ENERGIES of purification have liberated the planet from the siege of involutory forces, Fatima will give impulse to a new life in harmony with cosmic laws. As a center, Fatima recognizes and identifies beings who are attuned to its vibration. This center will be the major coordinator of the reconstruction work to be accomplished through these beings.



THE ESSENCE OF LIS-FATIMA, within its own evolution, positions itself before the divine energies in total freedom. Having offered itself as a channel through which divine energies can flow, it creates the possibility for humankind to attain goodness and mercy.

Lis is the consciousness of virginity and purity. It generates without becoming corrupt and ascends without dislocating, for its deepest foundations lie in the immensity of eternal surrender.

Since nothing on the Earth and in this solar system lives without the spirit of Love, Lis is also candor and peace, fruit of uniting with this spirit.



THE FATIMA CENTER rekindles the fire of love for life in human beings and reveals that the Supreme Energy can make life mirror Its Face.

This spiritual and energy center, is a presence full of candor that heals the wounded world and comes to revive the spirit of giving that humanity has lost. Fatima brings to human beings the joy of participating in an existence in which nothing is forgotten or overlooked. A channel for the virtues of clarity and equilibrium, it furthers deliberation in actions and wisdom in decisions. Violence has been excluded from its pulsation and aggressiveness erased from its countenance. A school of peace, it prepares those who are linked to it to experience broader realities.



ALL BEINGS who inhabit this planet are going through the *judgment*,* which is necessary in order to be conveyed toward different levels of the Universe, according to the law of vibratory affinity. It is possible for rescuable beings* to

enter the passageways that leads to intraterrestrial Fatima. However, because of the lack of spiritual and psychological preparation of the majority of humans, this can happen without their knowing it. When this type of transfer takes place on the physical level, the person simply disappears without leaving any trace. The person is received into the intraterrestrial civilizations, goes through healing, and continues on his or her path of evolution in collaboration with the Brotherhood of the Cosmos. In cases in which only the subtle bodies are transferred, nothing is perceived on the surface, for the entire process takes place on the inner planes of life.



FOR THIS TRANSFER TO OCCUR individuals must be destined for it. An inner option is made in the depths of the being and not in the material

consciousness. This option is taken in accordance with the tasks the individuals will have to undertake in the following stages, or with the fact that their bodies are rescuable for a higher form of life, perhaps a supra-physical one.



WHAT HAS BEEN LIVED by humans, and is atavistically recorded in their genetic code, must be removed so that the inner consciousness can be liberated. The same applies to the beings of the animal kingdom. If they do not go through a profound mutation that balances out their past, they will not be able to remain in the vibration of the Earth under the laws that will go into effect after the global purification.

The species of the animal kingdom that cannot take this evolutionary leap will transmigrate to more primitive planets. Species that resulted from man's intervention, whether by genetic manipulation during the period of Atlantis,*

or the promiscuity of the still older period of Lemuria,* will disappear, for there is no way out for them. As in the human kingdom, the rescuable part of the animal kingdom will receive a new genetic code coming from worlds where competition and aggressiveness do not exist, worlds where the mental substance is more malleable than on this Earth.

This profound operation has its base in the Lis center. There the potential for this mutation is energized, transformed and radiated in the proportion and frequency appropriate to each representative of the animal kingdom. It is in Lis that the Devic Regents* focus their activities.



THE ENERGY OF LIS encompasses other parts of Europe as well as the Iberian Peninsula. France is one of the places under the magnetic influence of Lis. The work manifested in Lourdes is also fruit of its radiation.

In France, the energy of Lis penetrated the human kingdom deepest during the monarchy and for this reason the *fleur de lis* was used as the symbol of royalty in that country. Apart from other meanings, the *fleur de lis* is an esoteric symbol which operated extensively from the subtle levels of consciousness, transmuting discordant situations which could have been even more tragic.

Furthermore, the energy of this center has a direct link with Anu Tea, a center in the Pacific Ocean, situated between Japan and Oceania. Anu Tea is a reflector of energies, a transmitter of echoes of Lis. It receives the vibrations from Lis and, uniting to it, causes Lis to reverberate in different tones that spread out across the Southern Hemisphere.



LIS IS NOT LIMITED TO FATIMA, it goes deeper than intraterrestrial Fatima. Thus, Fatima can be understood as a *raiment* of this more profound center.



LIS-FATIMA also plays an important role in the blending of the races, but in the occult, not physical-genetic meaning of the term. One of the tasks of this center is to internally stimulate the formation of etheric patterns used to mold the sheath of the New Man. Therefore it is working toward the coming of the Fifth Race.*



THERE ARE PLACES on the surface of the planet that receive the energy of Lis-Fatima directly. However, by saying this we do not intend to promote the search for sacred places on the

physical level. This would be a mere repetition of what already happened in humanity's past that contributed to its retardation. Those who are to reach some specific area linked to one of the intraterrestrial centers because of a real need, will surely be guided to it.

THE SUBLIME ADVENTURE

AS REPRESENTATIVE of the Creator Essence in one of its manifestations closest to humanity, the Lis-Fatima center provides the knowledge necessary for the key moments of the current transition of planet Earth. This knowledge must be imprinted on the planet's etheric plane. For this reason it was revealed in Lourdes (France), in Boraing and Banneaux (Belgium), in Garabandal (Spain), in Zeitum (Egypt), in Akita (Japan), in Betania (Venezuela), in Medjugorje (former Yugoslavia), in Kibeho (Rwanda), in Naju (South Korea), and in the Ukraine, always

alerting humanity to the great transformations awaiting it.



HUMANS still do not have the inner knowledge needed to allow them to liberate the planet from the yoke of involutory forces and for this reason they are advised not to confront them. It is up to human beings to enter into the world of Supreme Reality and hand over their lives to be guided by the Spirit. Only in this way can they contact the cosmic energies that are currently working for the liberation of the Earth. Only in this way will the purpose of terrestrial existence be revealed to them, the purpose that silently awaits *the dawning of the New Day* in order to be fulfilled.



TO THOSE WHO ARE CONCERNED about what could eventually happen to their physical bodies in the coming times of chaos, Fatima reveals that there is no more time to go looking for a safe geographic area. Now is the time to seek inner peace, for in this way we are guided to be in the correct place, the place where we should be.



THOSE WHO SINCERELY SEEK attunement with Universal Law no longer depend on external conditions to feel protected. The *Son of Man* had nowhere to lay His head and He attained the higher initiations. Surrender and determination, consolidated within rescuable beings (even though they may not be aware of it) will emerge at the required time. Thus, all concern for the days to come is superfluous.



THE APPARITIONS OF THE VIRGIN, carried out by the extraterrestrial or intraterrestrial vessels, also sought to increase the potential for devotion in human beings and hence their links with spiritual levels. Once this link was made by means of the image of the Virgin, people would no longer need the *form* that took them to it, since they would have been touched by the essence. However, this humanity, still crystallized in material values to the detriment of the quest for the life of the Spirit, became attached to the formalism and so lost the true meaning of what was being presented. Those who were naive gave in to the inertia of emotional prayers and formal petitions for physical healing, thus leaving up to the celestial sources what they themselves should have been accomplishing.



ONE DAY CELESTIAL LIGHT will permeate physical light and then this Earth will know the energy of the Winged Kingdoms. No longer will there be discord or the decadence of a life separated from the Supreme Purpose, but rather a likeness to the Creator will be shaped in the atmosphere, which will receive the sacred flight of the Spirit.

Humans will then behold stellar horizons, discover the sacred promise that was given to them and will respond promptly to the commands of the Greater Light that beckons. They will be able to recognize their true task and accomplish it as a part of their very being. This promise is also safeguarded in Lis–Fatima, the center that, with its virginal energy, shelters the purity of the coming times.



IF THOSE WHO HEAD toward the encounter with the Spirit think that their path will be smooth, they should know that much has to be overcome to reach the goal. There will be many waves and tempests to be faced in their small boat on the stormy sea. However, the delicate aroma of the presence of the Hierarchies will always accompany them. Day and night they will be able to hear the Call, hidden in the whisper of the breeze or in the roar of the water beneath their boat.

If they had not sailed adrift, they would have already reached the first harbor. But now, with no more time to lose, they must leave the past behind and learn their lesson. May they set sail, for they will surely be directed to their destination.



ON EARTH there have always been those who were in contact with the supraphysical world. In silence they penetrate the secrets of the Spirit; in silence they unite themselves with It; in silence they radiate the fruits of this union. These channels, through which the emanation of pure communion with divine life is diffused inwardly sustain human life on the surface of the planet. Through the connection they form with supraphysical worlds, the energy of the Hierarchy can more clearly reach material levels.



VERY FEW ARE DESTINED to spend their entire life withdrawn from the external world. Those who have this as their destiny generally remain unknown, in spite of being the pillars that make the continuity of human existence possible. More frequently, after completing an exclusively

inner cycle, an individual takes on a part of the external fulfillment of sacred design. Just as important as the silent and secret attitude of the former, these beings, moved by the Spirit, give life and form to Its impulse. The spiritual Light unveils the path to be followed. The singleness of will to overcome all that could impede this fulfillment is imprinted in their material bodies by their inner consciousness.

Those who are destined to bring divine life into the material world are pioneers. They open new philosophical and spiritual fields for their fellow beings. Although they are to remain more silent in these times of so much disorder, nevertheless, they persist in their task. Since they do not flaunt it, their action is truly effective.



IT IS THROUGH HUMANITY'S SURRENDER, faith, and

devotion that the intraterrestrial and cosmic consciousnesses can reach the material world and permeate it in order to bring about the Plan of Evolution.



ONCE SOWN, THE SEED will be able to sprout in its given time. Each awakened individual, each group formed in the physical plane and dedicated to evolutionary work, is a seed which can sprout, blossom, bear fruit and then nourish others. In this process the energies are multiplied and not merely added up.



FROM ONE GRAIN OF WHEAT that is planted, a whole head of wheat can be harvested. From one head, an entire wheat field can be planted

and harvested. The new seeds must be planted in fertile soil.

Humanity of this Earth will not enter the Kingdom through partial surrender, but will have to surrender completely to the life of the Spirit.



JUST AS THE CONSCIOUS SELF must surrender to the soul and let itself be led and absorbed by the energies of this higher center, so must the soul also contemplate the Spirit and seek to enter into deeper dimensions.

When becoming enamored with the *Supreme Inner Self*, the soul has opportunities for expansion without which it could not approach these deeper inner dimensions. This is why the apparitions of the Virgin and the planetary centers in charge of helping human beings raise

their consciousness, stimulate devotion.



UPON INITIATING ASCESIS,* the soul immediately perceives that the key to achieving it does not lie in directly seeking the encounter, but in following what the Spirit indicates. To be filled with water a pitcher must be dipped into the spring, but first one must reach the spring. How will the soul be united to the Supreme Inner Self, its beloved, if it does not plunge into the torrent of this energy and allow itself to be absorbed?



DEVOTEES are frequently caught up in an illusion that they should dedicate themselves only to the inner life and not contribute in any way to the evolution of external life.

Lis teaches that the Spirit is to perform its

service in the spiritual world; the soul is to serve in the intuitive world; and the external self is to serve in the world of forms. Each of these consciousness nuclei has to become elevated from the level in which it is polarized. After touching higher levels and receiving the impulse that comes from them, it must give itself in service to the plane where it dwells.



THE EARTH NEEDS CHANNELS of pure service and surrender. Lis stimulates the elevation of humanity by means of beauty, harmony, and a sublime state of perfection. Indirectly, it also stimulates the purification of the more dense strata of the planet and hence of those who have offered themselves.



LIFE IN THIS CYCLE does not presuppose that human beings are perfect, but that they should be aware of the focus of their own attention. It is this focus that can lift them to higher levels.



REAL ADVANCEMENT in terrestrial evolution is accomplished through those who accept to undertake that which is humanly impossible. Today, more than ever, one must be comfortable with that which is new.



HUMANITY OF THE SURFACE OF THE EARTH still does not know the world it inhabits. For example, on the physical level of the North Pole there is a passageway that leads to the interior of the

Earth. However, as long as humans do not really know themselves and do not delve into their own inner selves, they will not find passageways such as this one.

There could be a much greater relationship between human beings and the Inner Kingdoms. The apparitions of the Virgin are a clear sign of this.



THE DIFFERENT FACETS of the creator-energy are like fingers, each one indispensable for the hand to function skillfully. These facets are gradually revealed to the human beings who discover them within themselves. And, in their deeper essence, they will encounter the Void that, upon being enveloped with life, draws together the elements of the All.



FOR THOSE WHO are immersed in illusion, nothing is more fearful than the leap into the Unknown. For those who become aware they are in the light of Faith, nothing is accepted with greater joy than this sublime adventure, without which human manifestation would be incomplete.

CONSECRATION

THE LIS CENTER is the ascent of consciousness which goes from the awakening to the path of inner fulfillment up to consecration. One climbs step by step as consciousness penetrates the inner world. With each stage a new aspect of the Lis energy is contacted. As one delves deeper into its center, one will find more subtle and fiery levels of planetary life.



EACH PLANE OF EXISTENCE OF LIS leads to deeper levels. Seven levels can be perceived in the

material world and each one presents tests and situations in which beings should acquire certain qualities.

The first three are surmounted by developing compassion, detachment and equilibrium. The last four lead from the state of holiness to one of divineness. To reach them one must develop aspiration, surrender, service and love.



TO GO BEYOND ONE'S OWN LIMITS one must develop spiritual compassion, which is the understanding of the human condition. Those who acquire this compassion and are no longer identified with their bodies, perceive how important it is to give up trying to unveil the mysteries of life in order to establish a true communication with Wisdom.



SIMPLICITY of contact with the spiritual world is fundamental for the inner formation of the human being. Detachment from expectations and concepts transforms the person into a new, yet untouched field, ready to be furrowed by the plow of Wisdom.



LIS IS THE MIRACLE of the true birth. Its more profound keys open the portals of the Incarnation mystery. Bearer of Grace for humanity, this center is the path for the elevation of consciousness to sanctified and divine states. By its deep compassion it reaches out to people and, with its Light, shows them the true condition they are to attain. Its energy does not take away their yearning for encounter with Reality; it only shows them the steps of the great ascent.

Lis knows the Love that governs the destiny of the Earth. With the loyalty of a servant, Lis

glows resplendently with joy, simply doing whatever this Love indicates.



IT IS NECESSARY to go through the so-called tunnels of darkness, for a true and lasting contact to be awakened, a contact that embraces a deeper dimension. This dimension could be of one's own self or of the intraterrestrial center or of extraterrestrial life. Consciousness can expand all the way to the infinite when it follows the trails of dispossession that lead to the Void, without the references and boundaries that normally link it to ordinary existence.



AS LONG AS the so-called mystical experiences express the traits of individuals, they are not really mystical. The mystical path begins when

consciousness goes beyond personal limitations. Then human life dissolves into total life; that which is transitory merges with what is timeless; the fragment disappears into Unity.

All the mystics have to do is to surrender and let Truth come forth. The mystics know that, no matter how great the work of their hands, it does not belong to them. The more the flow of the Spirit expands through the mystics, the deeper is the humility they experience. They are already given to know that wherever the roots of vanity spread, there is no room for the purity that springs from their inner world.



ALL ARE GIVEN the possibility of perceiving the inner presence. But those who awaken and can receive higher impulses are given the responsibility of being a Light on the earthly pathways,

of bringing brightness to the dark night of material life.



TO ATTAIN REALITY, one must wholeheartedly embrace the Path of the Unknown and must proceed in faith without knowing what the future holds in store. If one lives according to the Law, this attitude is not imprudent or immature. To the contrary, it reveals eternity in the world of forms. This instruction, transmitted by true spiritual teachers, also lies behind authentic prophecies.



THOSE WHO ARE WILLING to serve should not get caught up in the currents of forces of this civilization. They should be like high towers from which a clear Light can spread its radiance.

ALL OF US ought to pray. Not the beads of lamentations, but a state of communion with the inner truth, a state that transcends nationalities, social classes, races and peoples, and unites all as sisters and brothers. When this state takes place in us, we become servers of Life. Life never overlooks a single being, therefore in this state of communion we can help all others inclusively.



IT IS NO LONGER POSSIBLE to recover planet Earth by means of human good will alone. Destructive forces have permeated humanity too extensively and it cannot be liberated from the yoke of these forces by a simple movement of conscious will.

We have come to this irreversible state because of human immaturity. Now the Earth must use

the powerful forces of nature under a Greater Regency. Those who awaken are to surrender to the Unknown. Communing with That Which is to come, they are to announce It to those who are willing to hear.



THE ENERGY OF THE VIRGIN should be recognized within us and not only in images, be they of clay or of the more subtle projection of the vessels. How long will we keep on looking for miracles outside ourselves instead of allowing them to happen within us?



WHEN A MULTITUDE GATHERS, moved by devotion, great changes take place. However, much of the precious energy of healing and enlightenment that is channeled there is expended in the transmutation of certain attitudes,

emotions and thoughts. Such waste could be avoided if the attitude of those who receive this energy were different.



THOSE WHO ARE WILLING TO SERVE are attentive to the sprouting of the seeds of Good. They share the fruits of Good to nourish their fellow beings. They take nothing for themselves. If they did so, they would be usurping what belongs to those in need.

The nourishment of those who are willing to serve has been set aside and will be given to them when their hands are empty of desire and of yearning for rewards. All they need to accomplish the task is available to them and will be recognized if they cast their prejudices and concepts into the fire.



SOME ASK, what is this great movement of energy that seems to encompass the entire Earth? Today, anything could happen at any moment, but we should not waste even a second wondering about these things. We should pray as if the entire celestial sphere were to plummet down upon us, for such is the urgency of the situation on the planet today.



KARMA PERMITS INDIVIDUALS to undergo experiences that are not compulsory. In such moments, when human beings decide to obey the Supreme Will that lives within, they are guided in the correct way, even though things are not clearly seen and they are not conscious of what is to be done. This is the Law.



THOSE WHO HAVE BEEN TOUCHED by inner life know how arid it is to be imprisoned within material limits. Even those who refuse to link with higher realities cannot deny that a corpse is an inert object. How can one not realize that existence has a spiritual foundation?



THOSE WHO BECOME AWARE of inner life and of its sublime creative power, recognize that it is a gift. The more they become an instrument of this power and the more they obey spiritual impulses, the less they allow themselves to be driven by human criteria.

Emotional beings use the last drop of water to moisten the plant that is drying up. Wise ones use it with moderation until they can find a

spring that will quench their own thirst and that of the plant.



THE PATHS THAT LEAD TO LIS are filled with inner joy. One of the requirements to draw near to this center is detachment from the way already traveled. Inside the springs of Lis, guilt and merits are washed away from consciousness, for the energy is that of rebirth into the original condition of purity, of reuniting with eternity.

Those who can perceive this energy know that the seeking of rewards and expectations of recognition have nothing to do with Lis. Lis is a wellspring that completely liberates the stream of life that arises from its deeper levels. To perceive it, one must have the same inner attitude of spontaneous giving.



TO REACH THE WELLSPRINGS OF LIS, the human being must be ready to surrender to resurgence, that is, to resurrect at a higher level of consciousness through the offering of the self.

What moves an army in battle is not the personal cause of each soldier, but a common objective. In the same way, individual goals limit the flow of the universal and higher energies. What emanates from Lis transcends the personal level and leads to the building of a humanity-body. Communion with the one inner reality that each cell of this body can experience, draws all the others to the very same position, within a whole that should function in harmony, perfectly adjusted to cosmic laws.



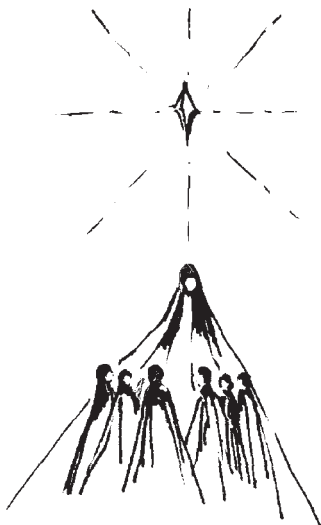
IT IS UP TO HUMAN BEINGS to delve into the inner mysteries and return to the life of the surface laden with gifts to distribute in silent radiation.

Their consciousness, when matured by living spiritual laws, will raise them to these mysteries. They will then find the missing link of their history, the link that will again join them to the current of Cosmic Life.



WHEN HUMAN CONSCIOUSNESS recognizes its own condition and yields to the Most High, convinced that it can do nothing on its own, then divine mercy uplifts it. This is not to make it superior, but for it to become merciful. Then it is allowed to drink from the fountain of Wisdom in order to bring brothers and sisters closer to the Pathway of Life, to give them all that it has received from Grace.

GLOSSARY



Apparitions of the Virgin

Apparitions of the Virgin can link humans with the state of original purity of matter. The Virgin is a symbol that veils certain aspects of the manifestation of life on this planet.

The Virgin, by being the divine substance that permeates everything, is represented in the most diverse religions of the world. The geographic location of some sanctuaries dedicated to her, sanctuaries that are channels of a particular magnetism, studied by an Italian geometrician, demonstrate a certain correlation. This scientist observed that the parallel that passes through Medjugorje, in former Yugoslavia, is the same one that passes through Lourdes in France. He also found a correlation between Fatima in Portugal and Akita in

Japan: the latitude of the Cueva de la Iria (the place of the apparitions close to Fatima) is $39^{\circ} 38'$ and of Akita $39^{\circ} 42'$. He saw that four important locations are situated near the 40th parallel of the Northern Hemisphere: Lourdes and Medjugorje on the 43rd; and Fatima and Akita on the 39th parallel.

The apparitions of the Virgin in these specific places are related to the confluence of the magnetic currents of the Earth, to the activities of the intraterrestrial centers and to the preparation of the planet's psychic field for events of a transformational nature.

Atlantis

Atlantis is a continent that submerged during a remote era. During Atlantean times humanity developed its emotional body.

Ascesis

During this process interest and identification with matter is gradually withdrawn and the ego is integrated into the soul. Surrender to the inner world is expanded. The freedom to serve without restriction and according to the Law reaffirms the essence of the individual, preparing to bring about the impersonal and universal goals of the Plan of Evolution.

Body of Light

The vehicle of expression of the human being at the spiritual level. It is formed in the strengthening of the relationship between the spirit, the soul and the personality. It should not be confused with the etheric body, because that vibration belongs to material levels. The body of light is, above all, an instrument of Christic energy.

Divine Aspect

The essence of the One, that is manifested in a triple way, without losing its unity. The first Divine Aspect is represented by the energy of the will, the Father; the second by the energy of Love, the Son; and the third by the energy of intelligent and creative activity, the Mother-Consciousness.

Devic Regent

This entity directs the work of groups of devas. It picks up the archetypal pattern of what is to be manifested, decodes it, and radiates it down to the next stages of devas and other subtle creatures in charge of the materialization of forms.

Entity

An entity is a nucleus of intelligent energy that is polarized on the supra-human levels. It encompasses groups and civilizations, as well as tasks and sectors of the Plan of Evolution. It is formed by consciousnesses gathered around a specific goal.

Fifth Race

The Fifth Race is the current phase in the evolution of humanity. It is characterized by the mental maturation of the human being who, by the time of the acme of this phase, should have reached the level of intuitive consciousness and glimpsed monadic life, the cosmic life.

Hierarchy

A Hierarchy is a consciousness or an aggregation of consciousnesses that have transcended material evolution. They are the propelling sources of the evolution of the cosmos. A large part of the Hierarchy active on the Earth is focused on the spiritual and divine levels and works to integrate the planet into a higher solar and galactic order.

Judgment

The selection that takes place within a species, a kingdom of nature, or an entire planet, in order to attune their vibrations to those of a new cycle. Judgment is a process of healthy purification and is necessary to provide the outset of this new cycle with a stable base.

Lemuria

A large continent that, in very remote times, existed in the region now corresponding to the Indian Ocean, Oceania, part of Africa and other areas. During the Lemurian times humanity developed its physical-etheric body.

Planetary Conscious Self

The part of planetary life that is conscious of self. Among the kingdoms of nature, the human kingdom represents the evolutionary step of acquiring and developing the capacity of self recognition.

Rescuable Being

A being who has the possibility of entering into the vibrational patterns of the new Earth

and who can undergo the process of evolution called “rescue.”

Rescue Operation

The program of restoration of the equilibrium of the energy of the Earth. It is commanded and carried out by extraterrestrial consciousnesses of an elevated evolutionary state, to place the planet into rhythms that are attuned to the harmony of the cosmos. This involves the removal of beings that should not suffer the impact of the acute chaos that will take place on the surface of the Earth. It includes the conveyance of those who in the next cycle will continue their journey in other parts of the cosmos, to locations that may be more or less evolved than the Earth.

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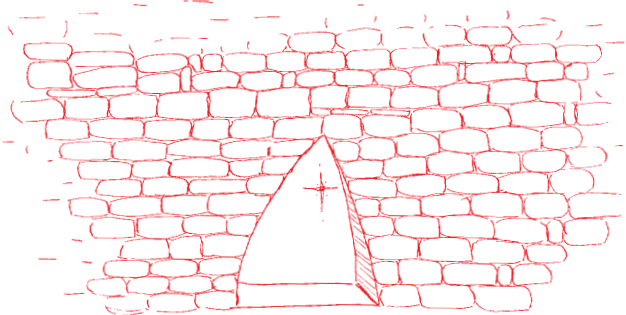
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TRIGUEIRINHO

DOORWAY TO A KINGDOM



Most of us are aware of the spiritual path, both philosophically and in its practical application to self-transformation. Nevertheless, we find it difficult to tread this path effectively. This book points to the need to be receptive to transcendent and transforming energies. Receptivity grows through a pure love for that which is divine. Through this receptivity individuals are uplifted, adapting to the new state of consciousness that is rapidly making itself known all over the Earth.


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