



TRIGUEIRINHO

Winds of Spirit

To those who seek prayer and inner life



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Irdin Editora

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The Pocket Book Series

This is an English translation of seven
pocket books that were assembled with the
aim of summarizing some of the information
contained in the books we have published since
1987. This Pocket Book Series is presently the
only English language source of this material.

Inspired by these books, spiritual study
groups have begun gathering in various
countries for prayer and reflection and the
development of their inner potential.

Each book in this series has a way of
sparking the impulse to enter the essence of
one's being, to become one with the inner
world. Although each book is complete in

itself and independent of the others, together they represent a journey directing the reader to a new stage in his or her life. This collection is intended for those who feel called to imbue their lives with the sublime principles of purification.

The Light Within You, the first book in the series, gives readers some thoughts for consideration, which may lead them to discover the seed of light within themselves.

Doorway to a Kingdom represents the stage when, once this seed has sprouted, it breaks through the earth and comes into contact with the sun, the air and larger plants that help protect it. It is about contact with the planet's energy centers, which are aiding the development of the souls of human beings.

We Are Not Alone expresses the stage when the stalk has started to form. We grow in awareness of a path to be followed, of choices

to be made toward evolution, and of tests to go through so that the true purpose of our time on Earth is fulfilled.

Winds of Spirit suggests the stage in the plant's life when it is concentrating on its leaves, breathing in harmony with the rhythms of the Universe. This book is dedicated to prayer. It inspires us and imbues us with clarity to deal with material things.

Finding the Temple is the time when the plant blossoms in beauty and harmony. It invites us to cross the threshold into spiritual consciousness and to participate in the life of groups of souls, and in the work of the planetary Hierarchies.

There Is Peace represents the time when the tree bears fruit. The words are nourishment for a life of service that readers may have already started, or for which they may be preparing.

Finally, **Path Without Shadows** represents the stage when, once the tree has borne fruit, it offers its seeds for the birth of new plants. These writings include a series of mantras in Irdin, a cosmic language, along with their musical scores, to be used individually or in groups.

These books carry an energy that not only ends one cycle of life, but also stimulates the beginning of a new journey of discovery, helping pilgrims return to their immortal origins, their true home.

They are offered during these times of special opportunities being granted by the Spirit.

Trigueirinho
Figueira, 2002

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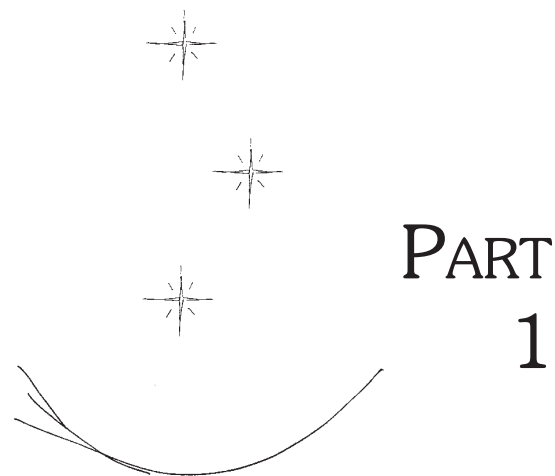
To those who are seeking...

In these times of so much disharmony and conflict on the material planes, it is vital for us to live the life of liberated Spirits. Many are already discovering this life after recognizing that the ordinary life of human beings is a play of dispersed, and at times unmanageable, forces. They sincerely seek the essence of their being. The farther they go along this path, the more they identify with the strength that lies within them. In this way, they increase their opportunity for self-improvement and service to humanity and to the world.

But the fruits of this quest cannot be induced to mature. This requires wise obedience to

the laws that are revealed in the silence of one's being. Little by little the sublime talents blossom, revealing to the world of matter, patterns of a higher, inclusive and universal existence.

Winds of Spirit is based on selected passages from the book **Das Lutas à Paz** (*From Struggle to Peace*). May it serve to stimulate deep inner disclosures. More than giving informing, may it bring meaningful impulses toward a state of prayer and immersion into the Unknown.



From the sublime immaterial worlds, the Hierarchies of Light stimulate the awakening of human consciousness:

The Law knows you in depth. It sees what you do with your life, to what goal you aspire. If you accept that goal, It inspires you to perceive

the destiny which is yours. To follow the Law, be attentive to the present, the eternal present. Days, months, or years should not mean anything to you. That which is up to you to carry out does not lie in some distant future, but in this very moment.



- Where have you come from, o traveler?*
- I have no dwelling, Brother. I have been walking for a long time and have lost sight of my origins.*
- And where are you going with such determination?*
- I am seeking the reason for my existence. When I find it, I intend to fulfill the task given to me.*
- Listen, then. When you no longer wander adrift you will be ready to transform your*

existence, and live what destiny has in store for you.

Just as the seed dies so that the tree may be born, you must abandon your personal desires so that spiritual life can emerge on your horizon. You need strength and courage to give up your own choices and live for the universal good.

A single action dedicated to the Creator is worth more than many carried out under human impulse. The way you must follow is that of offering yourself to Him, a way that is still hidden within you.



You have walked a long way, and now you can take new directions that your inner self will reveal to you. You bear the mark of the chosen.

*Your work is to serve in silence;
Your instrument, surrender;*

Your field of work, inner life.

Your seeds, the sparks of light latent in your being.

You have received the keys to begin a new journey. Hasten, for you have the blessings from the heavens because of your purity of intention.



In a quest for Unity, you will be accompanied by a radiance stronger than earthly light. You will see that which you had not noticed. Your own imperfection will stand out. Take care not to give in to suffering because of your own failings. You should know that you will never be totally ready. Reaching perfection is never ending. Ongoing evolution will take you step by step up toward your Dwelling Place.



You will pass by beautiful places along the path you have begun to tread, but they are not your destination. You should not linger there. When you find them, if you stop to enjoy them instead of holding a steady pace you will certainly fall behind.

Learn, o seeker, to concentrate on the goal and to love the laws of the Path.



If the Law says, “Do not make demands”, be careful not to interpret this as an exhortation to complacency. The Law stimulates neutrality and reveals what is essential.

If you are attuned to neutrality, along the way you will see sublime states awaken in your being, states free of demands on you or on your fellow beings. Carried by infallible Grace,

you will go where you would never have been able to go on your own.



Imperfections can only be evaluated by the inner eye. Your judgments separate you from Reality and from those who may be calling for help. You can help them by pointing out the Path to them, but not imposing it. Compassion is all that is asked of you.



Avoid making judgments about what happens around you, for you know so little about Reality.

To brood over your own condition, and the condition of the others, obstructs your path and interferes in the paths of others.

Always remember that you know nothing. If, at some moment, the Omniscient Life gives you some knowledge, place it under the light of Silence.



Be compassionate.



You must awaken on the successive planes of consciousness and do what is progressively required of you on each one. Then you will be able to enter more subtle planes.

When the Temple is ready a powerful energy destroys it completely, without leaving stone upon stone. The builder, however, keeps on going imperturbably. After the dust has settled, he raises another Temple of more subtle material. And when this one reaches its greatest

splendor, it is also destroyed. Even so, in silence, the builder begins a new construction. And in this way, the builder will persist, with total dedication, until the wisdom of the cycles guides him or her to another task.



The Spirit, contrary to what many people believe, does not come into the world to create anything nor to become attached to anything. It comes to give form to that which Life must manifest. When this purpose has been fulfilled, only then does the being, who still did not know Life, understand its secrets. And the fiery impulse then disintegrates the bodies of the being into limitless light.



Energy from the inner planes is like a bird that descends from the heights to the terrestrial world to bring inspiration, and immediately flies up again, trying to draw you up. Therefore, follow its flight.



So long as you do not launch yourself into the depths of spiritual life, you will be afraid to be freed from what is familiar. Learn to deal with the unexpected. No longer base yourself on the time-honored ways of this civilization. How can Grace work and transmute you, leading you to abandon your old state, if you fear its touch? Even though you may not know the reasons, it is with perseverance and with firm determination to proceed straight toward the encounter with the Spirit that you will build

the base upon which to receive the Life that awaits you.



When you are ready to enter subtle worlds, purity and indifference toward phenomena will be your lance and your shield. Prepare yourself. Psychism is a field of intricate delusions, although it pretends to be a garden of flowers.



Not to want anything is the key to traveling the inner path securely. So long as you are susceptible to pride, to vanity, to covetousness and to ambition, you can become deluded and stray from the purest goal.



Now that you have begun to long for the Spirit, the bodies that you use in your material experience will begin to be perceived as real prisons. Learn then, to see the light between the bars and to breathe the pure air through the crevices. And, when you obtain peace between the inner and outer universe, you will be transformed into one of those who live on the Earth at the service of higher evolution.



If you aspire to pray, take a moment to quiet your senses and focus all your attention on one point. Then, in complete surrender, offer this to the Creator. To do so you must consider attunement with the inner world to be the highest good. If not, even though you desire quietude, your senses will not become subdued.

Your senses are not normally drawn toward divine life. Until the senses discover that their only true destination is divine life, they will not seek silence. But this silence is indispensable for you to begin to glimpse the unknown worlds awaiting you.



Everyone's destiny is to reach the inner worlds. You also will reach them when certain adjustments in your bodies have been completed, when certain vibrations in them have been transmuted. As denser states are transcended, you will be able to loosen the ties that bind you. However, you must not reject anything that happens to you. Everything that happens in life comes as an opportunity for growth.



Allow your bodies to be permeated with gratitude and obedience. Surrender yourself unhesitatingly to the will of your inner being. Such attitudes will help you to free yourself from earthly ties.



To become strengthened on the quest, ask yourself if you have already experienced silence. Not an artificial silence, an external muteness, but the silence born of surrender, the silence that reigns over a land that has offered itself up to the Most High.



Whenever you can, elevate yourself from the individual level to enter a life unidentified with personal tendencies. Another universe reveals itself to you when you no longer look at what

surrounds you from the standpoint of one seeking personal growth.

The formation of a personality, a nucleus separated from the state of universal communion, was the only means found for you to live in this sea of forces you chose and created. This extreme measure, designed to assure the continuity of your divine spark on these dense planes, can no longer keep you within its rigid limits. You have to find other ways...



Many of those who are willing to serve go through painful situations that are considered sacrifices. But do not be fooled by appearances. To the inner consciousness this sacrifice is a joyful experience. Painful situations can help to elevate matter and overcome the ego. They bring about more light than other

comfortable experiences that often strengthen earthly ties.



Do not allow any expression of the energy to be limited to your own concepts. Be consciously aware that you are an experience of the Spirit. You know nothing of what It has in store for you. Therefore, let yourself be carried by Its merciful hands.



When a new stage in the Evolutionary Plan is manifested, it does not refer merely to an individual. You are now to implement new vibratory patterns in the ethers of the planet. This work reverberates not only in you and in this world, but in the entire Cosmos. As essence, you are united to the Creator, you

are a builder of worlds. However, it is up to the part of your being that is separated from this Totality to surrender itself to the Higher Will and approach the Source of Life Itself.



When higher energy flows over your being, it comes to carry out tasks on the material levels and needs to find you unhindered. If you let something get in the way, no matter how small, you limit what should be accomplished through you.

In your inner contacts, avoid questioning what is transmitted to you so that you do not diminish what reaches you. Intellectual analysis obstructs all energy flow.

Know that to commune with the essence deep within all manifest forms, you need to disassociate yourself from your own self.

Recognize the magnificence of the impersonal life!



Forget your own self in your contact with the higher energies. Forgetting yourself expands your aura and permits a wellspring of healing to flow. From this current comes the elevation of the vibratory pattern of the denser planes, which thus approach their pattern of perfection.



Divine energy elevates material particles if they allow themselves to remain in stillness. Thus, something happens in them that would not be possible under normal circumstances.



Just as the lotus flower blooms above the murky waters of the swamps, transcending earthly life brings forth the power and purity of the Spirit.



The planet has reached the limits of bearable strain. Yet an even greater wave of conflicts is approaching. Therefore, you must prepare yourself by prayer and contact with inner life to spread a beneficial radiation of peace and transcendence.



Struggles in everyday human life have neither winners nor losers. They are blind and violent forms of destruction. Flee from disharmonies.



There is no way to eliminate the heavy load that humanity has brought upon itself by engendering egoism. Nevertheless, you can lighten it if you purify your karma. To do so, avoid wasting time with selfishness. Show gratitude in all that you do.



Gather the beneficial energies that are available and let them permeate your being and your actions. In this way you will balance out some of the disharmony that is escalating in the world.



Remember, the way you live has a greater effect than what you say. Right action is more translucent than clear words. Let your life be your message.



In these days, when the call has come, those who have answered are on the verge of a new phase. So, do not let energy slip away uselessly. Do not be torn between material ambitions and the deepening of your inner life.

The state of your thoughts and feelings resulting from the interactions of your bodies with the impure psychic world of humanity is not in accordance with your inner light and must be purified. Purification draws the magnetism of your terrestrial bodies closer to your inner vibration.

You live in an environment with different gradations of magnetic energy. When you contact the world around you, of which your bodies are a part, you are really contacting vibrations. For this reason, if you seek purification, you are not only transforming your own bodies but everything around you as well.

Purification, then, is the quest for your original quality, for your vibration in the supra-human world. Prepare yourself for intense work in this regard.



Purification of the etheric body through contact with air and water facilitates your receptivity to the immaterial planes, provided you have the correct attitude and that your life is consistent with your evolutionary goal.

Affinity of vibration is a fundamental Law for life in this solar system. Because of it, you may be taken to your destination with ease, if you allow the vibration corresponding to your goal to be implanted in your being.



Live so as to be able to unite with the few who have accepted the torch that illumines the path to higher evolution. You have the task of keeping the torch burning at all costs. You will be shown the way (as you have always been) by Consciousnesses that in every age have come to the environs of this planet to offer their compassionate help.



Nurture faith. Remember that with it you can be a source of healing, so long as you do not want to direct your own positive energy toward some being or situation. Once faith has permeated your bodies, your presence will suffice to open up the way for the action of higher energies.



The radiation of healing is a silent and inner process. A network of healers works on the invisible, as well as on the physical, levels of the planet. When they are incarnate, these beings engage in the most diverse activities, which can serve to veil their real task. Carried out in silence, this network of activities is protected from conflicts and from forces opposed to harmony.



Some members of this humanity can form groups that serve the Evolutionary Plan, and also be part of Inner Groups that are extensions of the spiritual Hierarchy of the planet. Aspire always to be a part of a higher Life, free from material interests. Such is the mark of these Inner Groups.



All are potentially part of the Hierarchy. But the moment of each one's awakening to fulfill his or her role varies. When you really do awaken, the rhythm of your evolution will change greatly.

Maturity is needed for you to recognize your position within the Hierarchy. And it is this capacity to recognize inner reality that will permit you to advance, like a link in a great chain of an evolutionary process that is ever expanding.



When you attain stable contact with the Hierarchy, the energy of Cosmic Fire can act more deeply on your material consciousness, giving it strength. It can act on your aura and your bodies, transforming and purifying them. In this way your subconscious is clarified and

your expression grows more subtle and closer to Reality.



Immense is the possibility for renewal of your being when, for at least a few moments, you are conscious of your union with the All. Even though it is present, your mental world does not stir up any movement.

Experiences of peace permeate you. They occur naturally and bring about a steady, gentle and healthy quietude, which heals and calms everything.



Every time the world of forms is permeated by higher energies, it comes a little closer to Divine Perfection.

Humankind faces a cycle in which the doors to the Cosmos are opening and thus humans can consciously take up their part in this Greater Universe. This is why you have the impression that something is in the air, that something is about to happen. The time of miracles has arrived.



Like strands of Light, those who dedicate themselves to evolutionary service intertwine on Earth, forming a great network. Like columns of energy, they have their foundation in the Cosmos.



Be careful not to deceive yourself with the gifts you have acquired, nor to become

attached to the subtle presence of those who accompany you on the inner side of life.

There is always another step ahead, another test to surpass, a stair to climb, a bond to be loosened. Nothing can remain where it is. Open yourself, in total readiness, to the supreme grace of liberation.



In evolutionary work, each new step indicates ways that can unfold endlessly. This unfolding depends partly on your response.



The power that flows through you does not belong to you. It is part of a current of

impulses of which you are a tiny nexus. When you confirm your inner vows your life is no longer in your hands. Above all, your life is, that which you should have surrendered.



Your thoughts are not always in keeping with the goal that you proposed to attain. Surrender your thoughts to the Most High. They will be consumed in the Fire of the Spirit and will no longer confuse you.

Know that the Fire of the Spirit consumes all. Surrendering to its purifying power is the key to entering inner life.



You, who aspire to serve, have been given the task of propelling evolutionary actions.

The repercussions are great, but they are inner and silent. This task warms hearts. It lights a living flame in all things and draws down light on difficult material pathways. It asks for nothing in return.



Now is the time for you to enter into greater attunement with your essence. Do not be daunted by obstacles in the accomplishment of the task to which you have committed yourself.



Look within, reassess your purposes and renew your vows. Make up your mind not to feed doubt, uncertainty or choices made in your own interest. Let the energy of repulsion work on that which should not influence your

actions. Most of your steps depend on inner decision.



Nothing can heal and save humans except their determination to attain the state of total giving and freedom. If you aspire to the Truth, you must seek your inner being. To do so, you are aided by the Greater Brothers who dwell on the invisible side of life.



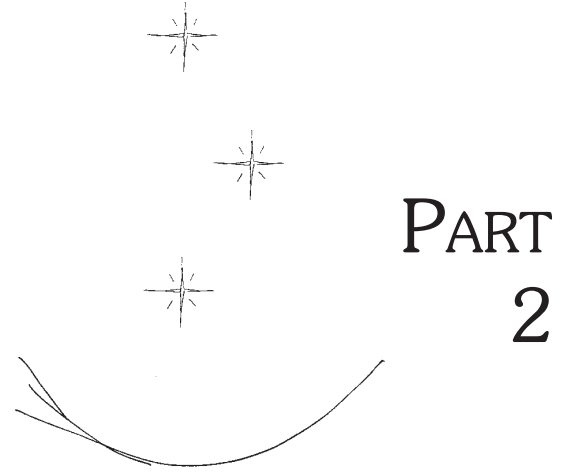
Fear not that you are incapable of fulfilling your tasks. You will be aided by Grace. The possibility of elevation rests in faith. Proceed as you see the way unfolding, for you will be guided at each step.



Your destiny has already been partly charted. But it also depends on what you are doing now. You shall learn many lessons. Keep in mind deep within that you do not walk alone. You are part of a group of souls. In these inner groups the progress of one carries all forward. Therefore, be aware of the need to go on. Go forth. The City of Eternal Light opens its portals to you.



You no longer belong to this material kingdom. You belong to the Cosmos. Learn to recognize the flame that glows within you. Surrender yourself to it. Only through sincere devotion can the strands of distant worlds be drawn to the face of the Earth. You are already part of this network that anchors Our Energy to the material planes.



Aspire unceasingly. The Fire of aspiration is the bearer of the new life.

Open yourself to the disintegration of the obstacles that hamper you. Know that often

such disintegration brings with it the trials you are given to endure.



Once you know love, pure love, you will find salvation there, even amidst pain and conflicts. What could heal all these wounds and all these ills? Only this sublime energy, that cleanses what is infected, revitalizes what is debilitated, and brings light to darkness and joy to anguished hearts!



The fragrance of the rose is more powerful than its thorns.

When the grace of the spirit strengthens you, treat your fellow beings as you were treated by those who knew how to understand you. Do not demand fortitude of them when they simply need fraternal love.

Certain very subtle levels of inner life only become known when the heart opens itself to compassion and mercy.



If you can, feed the Inner Fire in each one who comes to you. Be a living example of this Fire. Be Its light and Its warmth, ready to enfold everyone and to bring them together on a path of peace.



The situation on the Earth is delicate. Seeds of a new life yearn to germinate. But the habits of a degenerate civilization persist. Can you recognize the threshold between what is really new and what is a repetition of old patterns under new guise? Can you recognize the application of the new laws?

To bake bread, one must first gather the ingredients so that, at the right moment, they can be put into the heat of the fire. It is the same with life on Earth. The time will come for the Earth to be put into the Fire of the Spirit. Not just intention, but also action on the material planes, is asked of you. Bring down to Earth that which dwells in the Heavens. Lift up to the Heavens whatever you touch on Earth.



Open yourself completely to be transfigured into your vivifying essence. Do your part in this awakening and in this ceremony towards which the planet is moving.



Few have truly given themselves to the Evolutionary Plan. Give of yourself and give

again, until you cannot give any more. When you reach this point, your surrender should be even greater. Kindle in your fellow beings the flame and ardor that they must channel toward immaterial life, because the foundations of the rebirth of the Earth will be built out of this great flame, this momentous Fire.



If someone knocks on your door, open it. If you see those in need, aid them.

It is time for you to pursue the evolutionary goal. On the path you will have your trials. Inner light must be your guide. You are not alone. Great Beings instruct you. Walk with them as a humble server of the Law.



Service, the vocation of your being, will come

forth as healthy fruit of a tree cultivated under the light of persistence, a tree that has put down deep roots and tapped sources of hidden energies.

Never forget that the life that vivifies you lies far beyond this world.



When tired out from so much journeying, the pilgrim pauses to rest and discovers the Way. When his material illusions plummet from the highest peaks, the immutability of the Spirit is revealed to him.



Behold a key, a Law given to you that you must apply: to know how to die to everything in order to live the Nothing.



With each test surmounted, with each stage taken up, more potent energy penetrates your bodies, accelerating their refinement. And when chaos becomes widespread over the face of the Earth, you, as well as the groups in service to the Evolutionary Plan, will more frequently perceive sublime realities.



The world is caught up in great disorder. This is because of the expulsion of the negative forces from the planetary environs. It is part of the ceremony of initiation of the Earth into cosmic laws yet unknown to it.

We are with you.



Your faith is your fortification. Never, for an

instant, doubt Our Presence, even when you cannot perceive Us.

Pray for your brothers who remain immersed in illusion. Act in such a way that Our Light may reach them. Be vigilant. Allow Our Energy to flow toward this world in need of redemption.



Do not look so much for formal exercises or messages from the subtle worlds. Seek enduring faith and surrender to the will of your inner self. Skill or knowledge is worth little without these virtues. Nothing coming from the material planes can reveal to the consciousness that which transcends it. The mere desire or intention to be good and to serve cannot, of itself, make you one of Our instruments.



Faith in the immaterial reality of life, and surrender to the will of the inner self, contain the quintessence of transforming power that humanity needs. In the coming days, you will not be able to proceed securely without this faith and surrender. They open up the passageways to spiritual planes. Only on these planes can you contact the Truth. Consider this opportunity for liberation and seek the Unknown.



A ceremony makes it possible for vortices of divine energy to be projected on to planes that are permeable to it. The more participants draw down inner impulses to the material planes, the greater will be the radiation of this energy.



A ceremony needs an usher who, in a continuous and balanced way, furthers the encounter between Heaven and Earth.

How little you, and all of humanity, know about ceremonies! What you have lived so far as ceremony, or as contact with inner realities, are but drops from a vast wellspring. Currents are awaiting that can carry you completely away and, if you allow them, take you into the infinite ocean of Cosmic Life.



The secrets of the One Life are revealed in the consciousness of the All. United to this All, you can help the essence of each particle become manifest.



What could only have taken place in the secret recesses of the Pyramids of Egypt, in hidden meetings of Adepts and Initiates, is about to spread over the face of the Earth. The energy of higher spheres will be made available to those who knock on the door of the Dwelling Place, those who today come to be united to it.

Be what in essence you are. You will discover that this essence is the same as the essence of those on whom is engraved the insignia of the Brotherhood of the Light.



When you reach far off lands, beyond individual boundaries, you will finally recognize the archways of the Great Hall of the Brotherhood.

To you, beckoned by your vision to advance on the Path, we say: "Go forth." We await you.

You can already recognize the place that is destined for you in Our midst.



Follow your path without seeking support, with total faith in the power of your divine essence. As you have already perceived, you will attain union with this essence in complete solitude. Solitude is the soil where the flowers of Sacred Wisdom bloom.



In your inner search you will be aware that religion and priesthood, as energy and as life rhythms, are always present in different degrees, in the various stages of the Path.

The farther you advance, the more religion will disclose itself to you as a profound attitude of

unity. At first, this unity is with the divine levels of your being and then, with the higher levels of the universe. You will also understand that priesthood on material planes means to live strictly in accordance to Higher Laws.

You will thus discover that religion and priesthood lead you to prayer, an inner state where silence, surrender, and service show the steps to be taken. At first, prayer carries the seeds of new life, life that had never been crystallized in experiences. Then it becomes a continuous practice that excludes nothing while not letting itself be contaminated by anything.



The way to experience a life of prayer is not by following someone else's experience. Books, messages, or words about prayer help

you reach prayer. But you can never walk in someone else's footsteps.



Togetherness stimulates human living, but solitude sustains the way to subtle worlds.

Solitude makes it possible for you to contact the essence of Life as it is revealed to your inner self.



The path of encounter and unification with the Spirit is simple. However, it becomes arduous if you want to follow it according to your own whims. This is the path of the gradual dispersal of the forces of the ego and of the progressive revelation of the power of the All.



Can one diver dive for another? Can the flames of one fire burn for another? Can one bird fly for another?

Each one must take his or her own steps and become consumed in the Flame of the Supreme Encounter. It is of little use to explain inner facts. They must be lived. They are only lived through surrender to one's higher will. There is no path but this one. There is no choice but this one.



Sooner or later you will have to ascend the sacred mountain, plunge into the ocean of the Unknown and venture into the flames of the Great Fire.

You have already been shown the way. The leap must be taken. The suffering of the ego brings liberation. Can you finally perceive this?

The part of you that suffers, is not real. The part of you that is real, does not suffer.



You have the answers you need inside you. Set yourself free from doubts. Overcome insecurity and fear.



Do not be like those who are not committed to their own evolutionary task and in some cases even disregard inner life, allowing themselves to be sidetracked by cherishing old human ties. Used to daily life, they do not even perceive they have been liberated from the past. How long will you go on squandering opportunities?



Hurl yourself into the energy We offer for your journey. Never forget that each moment is the only one. It never comes back. In the currents of time the most precious pearl is hidden in the opportunities offered by the present moment of your life and by the service you render.



Even a tiny grain of sand is part of the order that is reflected in the universes when the Voice that cannot be heard penetrates it. Each emanation coming from the ones who take part in this order is attuned to its corresponding tone, note and vibration in the high spheres, where their perfection was designed.



Whoever is united to peace can participate in situations that benefit the inner development of

all humanity. It is wise to raise yourself above the field of earthly conflicts and enter into states of harmony.



The information you received from some mystics about areas in Brazil that are the cradle of the New Humanity refer to intraterrestrial areas, which in some future phase will become manifest on the face of the planet. Legendary areas such as these, presently wrapped in esoteric myths and folklore, will express their true qualities.



In the essence of the universe all things and creatures are united. Nurture your awareness of this unity. Never allow ignorance of this

fundamental unity to stand in the way of the divine gifts, which are always available.



The etheric screens in your subtle bodies separate your consciousness from other planes of life and from the world around you.

The materialization of Our supraphysical cities and of Our space vessels pierce these screens. In this way, a greater influx of the subtle energy we bear reaches through to the denser layers of the manifest universe.



The aura of certain areas of the surface of the Earth is being worked on delicately. Our messengers are in constant action, even though you cannot always perceive their presence.

They transform the material and etheric elements of all the creatures that are under the magnetic canopy of these areas.

You are called to cooperate. You are a participant in a process in which matter is becoming refined and subtle realities are being projected into the physical world, thus elevating it. These two movements are intertwined. They converge in your actions, for you can be a link in Our chain.



Reappraise your way of living. Keep in mind that you could always be working with Us, every moment of the day and night. Your way of acting must become more conscious. Like a weaver, you shall join the threads of light we offer you on the warp of the visible world.

To do so you must surrender to the higher will of your being, you must have love and dedication. What can be more precious than to accomplish the designs of the Most High?

Cast away your burdens, for they are an obstacle to your advancement. In faith and devotion remain permanently linked to the Light that illuminates your steps.



At each opportunity We will flood your inner self with a wellspring of healing and renewing energy. You are to offer this energy to the fellow beings who approach you in need of light. They come to you seeking this subtle element that they still cannot contact on their own. They come to you in obedience to an inner call.

Therefore, place yourself before these brothers and sisters as you do before Us. All are part of a group that must become elevated and prepare for the resurgence of the Brotherhood of Light on the face of the Earth.

You can count on Our help. Go forth.



The earthly world of matter has reached an intense degradation because humanity has closed itself to true love. Those who live this love know neither honor nor disfavor. For them, harmony is worth more than any tangible goods.

Give without asking for or expecting anything, without making demands or judgments. This is the love that heals. This is the love that ennobles life. It is the rare seed, which hides the most nourishing fruit.

This love is everywhere, waiting for those who are able to live according to its sacred laws. You will reach it through humility. There is no more direct way.



Always confide the task of guiding your life to your inner self. The ability to avoid interfering in its determinations is a treasure to be zealously guarded.



Surrender yourself to the wellspring of forgiveness that flows to the planet in these days. Open yourself up to the potential in every being. Nurture the faith that all can be accomplished and transformed. No limitation lasts forever. No impediment to the manifestation

of Unity endures. The energy of synthesis is available to everyone in these times. You can reach it through love.



When you engage in an evolutionary task, you can avail yourself of an inner inheritance that permits you to face situations that are completely new, and nonetheless, be able to recognize them.

Coming from the soul, this preexisting knowledge reaches outer consciousness.



That which is reserved for you is characterized also by your response to the opportunities that are given you. Thus, the graces granted to you

can increase or decrease during the course of your life.



You live in times of profound change. Everything about you, from the color of your eyes and skin to the inner vibration of the Spirit, is undergoing change. Your whole organism is being elevated.

If you manage to overcome the need for the crutches of dogmas, rules, and external structures of human life, you will be reunited to Our Brotherhood—in goal, destiny, purpose, and vibration. You will head toward the Light that is already being manifest in different hues along your way.



Like you, We are part of a wellspring of energy that supplies, elevates and feeds all. Do not fear when We approach. We are your brothers and helpers. We have journeyed more than you. We dwell on supraphysical planes and worlds. We participate in the Great Task to elevate the energy of this planet.

We guide your contacts with Us. We work with your essence. We follow all your movements. Have faith in Our guidance, Our instructions, Our presence. We could be with you much more if you radiated compassion and this pure faith, expressions of your inner self.

May you know how to recognize the significance of the present times. These are times of opportunity and of rejoicing, for many have begun to return to the Father's house.



When you are touched by pain do not resist, but embrace it. Seize the Void and you will be filled by the All. Immersed in surrender, seek nothing. Gratefully receive all that is given you.

And it will be peace, if peace comes to you.

And it will be strife, if strife comes to you. And it will be light, if light comes to you.

And it will be doubt, if doubt comes to you.

And it will be love, if love comes to you.

In life, or in death

you will know all is illusion.

And in a sacred neutrality, you will be received into the Kingdom of immortality.



Touched by the inner call, let silence emerge spontaneously. Silence helps one to enter a state of prayer and contemplation. There are

*no words, no thoughts, and no formalities
to rouse this state. Only the tranquil and
unperturbed quest for complete union with the
life of the Spirit will bring it about.*



*Above all,
love for the Creator of all things.
Before all else,
the practice of prayer.
To the call, an unconditional response.
After surrender, perseverance.
And, contact after contact,
instant obedience to Our instructions.*



*Stop vain searching for techniques or methods
of ascension. Hold before you only the one
true way.*



*In the silent encounter, invisible to human eyes,
your consciousness awakens. It leaves behind
the dream lived in matter, opens its eyes to the
dawn and announces new times. And then,
you will be able to know the truth.*

*Once you are part of the inner world, you will
no longer need to be carried along. You will
no longer need the care of those who walk
ahead. You will walk on your own towards the
Destination.*



*Learn to perceive the different vibrations that
surround you. Recognize that your values have
changed and that now you can no longer live
the same as before. Proceed toward the goal
without dissipating yourself in the kaleidoscope
of material senses.*

May your surrender to the will of your inner self

be thorough, and strong enough to permeate all of your atoms. Allow only Our Presence to be in you.



The calendar of time proceeds on its course. The Earth-Universe prepares for the Great Birth. Lift your eyes and you will see chariots of fire giving birth to the new cycle.



What is your purpose, if not to accomplish the designs of your inner self? Are you still making personal plans?

Free yourself from mental trickeries. Their interference along the path to surrender is violent. You already have signs pointing to the way you must take. You know the crossroads of

life are marked. At each one a Messenger of the Light awaits you, as well as a somber server of iniquity. To tell them apart confirm your vows and your decision for the Good. Reinforce your surrender and aspiration.

The gates to the Kingdom open up to receive you. Enter, hear, understand and be silent. Only under the Law will you be able to withstand the elevated vibration of those who call for your presence there.



You are given a lot of help to set up conscious contact with the supraphysical planes. But you must be prudent. It is easier to stray from the Way, which is a narrow trail, than to stay on it. And here are some timely warnings, all based on humility. In no way fear the siege of the

forces of dissuasion; but also do not challenge them. Furthermore, do not consider yourself either unprepared or totally ready for the journey. Your attention should always be centered on the inner Light. Always keep sight of your goal in the Most High.



Nothing should distract you from the true Path, which is to love only the Higher Life and surrender yourself to It alone.

Shun interest in psychic experiences. Spiritual work does not need phenomena. On the contrary, if you are to carry out spiritual work you must transcend sensations and dedicate yourself to the sacred world of silence.



Silence emerges when you want nothing, when you expect no rewards. Perhaps in this silence you may have visual or auditory experiences and recollections that could be positive for your inner instruction. But they are transitory.

Just as you are learning to read the hidden meaning in facts and events of your material life, you will be able to recognize what comes to your consciousness by way of your inner senses. You will know that life in the other dimensions is real. The senses pick up projections of something much deeper, which are at the base of all existence and which are not expressed through phenomena.

You must seek this Ultimate Essence, without name, color, form or aroma. The experiences that you have along the way are mere opportunities for service and growth. As

precious as they may seem, you should not attach yourself to any of them.



Everpresent gratitude should make you receptive to the Most Holy, ready to serve devotedly.

You should want nothing for yourself; know nothing of your way. Proceed in faith toward the Unknown.



Are you looking for the infinite forms that hide Reality, for the infinite variety of shades that clothe the Colorless? Remember: in the essence of all things is the Nameless One.

You will go round and round without getting

anywhere if you keep up this commotion. Like in a palace of mirrors, you will see reflections, but not find the One Who is projected in the images.

In total detachment, go forward toward the Source.



Do not allow the sacred state of silence to be invaded by human ignorance. Silence is your best guardian. Be vigilant. The service asked of you is, above all, to remain in inner silence. To do so you must have a life of prayer.

In these critical times it is better to pray in solitude. Everything has its time; everything has its hour. Avoid superfluous movements.

You will strengthen yourself if you know how to gauge your actions.



You are given special help when you decide to live in accordance with your consciousness. Among other things, you find that you are in the right place at the right time.



Those who enter into a state of prayer do not feel sadness or joy, they simply remain in silence. There are no thoughts of yesterday or tomorrow; life is only today. There are no expectations or desires to go anywhere, for their way lies in the Infinite.



When the trial of loneliness descends upon you, unite with Our Brotherhood.

When you are confronted with the trial of fear, you have as your shield unshakable faith from your inner world.

When overcome by a trial of anguish, plunge into the infinite joy of living.

When deluded in the trial of arrogance, acknowledge your smallness.

When you are confounded in the trial of lust, withdraw into purity.

When in the trial of subtle ambition you become entangled, nurture simplicity.

When in the trial of avarice greed is sown in you, let the holy hand of poverty weed your garden.

When in the trial of merit you seek recognition, protect yourself with the shield of unseen giving.

When the trial of pride in self-fulfillment overtakes you, rekindle the flame of surrender.

When in the trial of power you are blinded, bow to the will of the Creator and the Light will descend upon you.

When in the trial of emotions you let yourself be ensnared, sever the ties with the sharp blade of the Spirit's impersonality.

When in the trial of obstinacy you are riveted to your ego, reaffirm your vows and let yourself be transfigured into your essence.

When in the trial of aridity hopelessness descends on you, embrace devotion and drive out the dryness with the ardor of the fire.

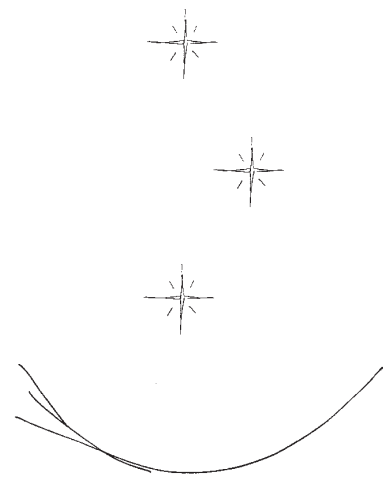
When your eyes roam the world in vain, search, and you are placed before the trial of infidelity, turn to the inner world and go back Home.

And all these trials are no more than small tests that you will overcome when you know that

your one and only true test is never to leave the Way you have chosen.



Ages went by before you responded strongly enough for Us to come near. Now you are facing a greater coming. Prepare yourself. Our arrival is already being announced in the inner vestibules of your dwelling place. But the fruits do not appear before the seed grows into a tree. By cultivating the tree today, one day you will be able to share its fruits.



PART 3

Treat everyone with the equality that comes from drawing near to Our Energy. Under Our emanations, the different branches of the Mother-tree will not confuse you. You will

know that the same sap that nourishes it also nourishes you.



Equanimity, cradle of serenity and peace, is born in the fiery inner worlds. If you continue shackled to yourself, how will you awaken to the universal consciousness where this quality awaits you?



This is no longer the time to fail in elementary tests. But watch over your attunement. You can still slip on those tests that offer you mirages of make-believe ascension.

It is easier for you to be conquered by the forces opposed to evolution that arise within

you than by those which come from outside to accost you. Therefore, always be on guard.



Seek the subtle and immaterial worlds. Where do you expect to find the signs pointing to this path, if not in life nourished by love?

From where do you suppose that We, the Brothers who accompany you, draw the sustenance and the light that sends shining rays before your eyes, if not from infinite cosmic love, in which all are gathered?



Just as strings of a musical instrument need the correct tautness to sound the melody, your material bodies need to be adjusted to manifest higher qualities. You should keep them tuned.

This requires effort. But do not lose the correct perspective: they are your bodies, not your real self.



Can you perceive the fine balance of keeping yourself in the correct tautness, without doing anything under the impulse of your personal consciousness? With these keys you will open the doors to transcendence. You will reach subtle worlds. Then, in due time, you will find the passageways to the fiery worlds.



In solitude, where you can get to know your destiny better, take as brothers those who have already crossed the borders of material life and

have become united to the Hierarchy. Let their light illuminate your path.



Silence is now your companion. Truly love it so that you can hear the inner voice. There is no song more beautiful than the one picked up in the total silence of being. You will reach worlds of purity if, in the flames of silence, you forge the keys that open the portals to these worlds.



*How important are external facts to you? What level of teaching do you draw from them?
Are you detached from yourself?
Are you ready to let go of everything and not recall what was left behind?
Are you able to see the Creator Source acting secretly in the heart of life?*

Can you face an adversary and not oppose him?

Can you stand before the Angel of the Presence and be sure to obey It?

Which Master do you serve when making decisions?

Raise these questions. Listen to the answers in your heart. Then fortify your surrender. Only when you forgo the world of appearances, will you freely carry out your service.



Like a leafy tree the true life of service sips from the pure water that flows inside the earth and extends its branches to the heavens, glorifying the Immutable Existence. It withstands tempests and thus becomes strengthened.



It is not up to you to choose the time to serve. Service is fulfilled on the highest possible level your consciousness can attain when you commune with your inner self. Imbued with this state, everything that you express will be service.

Any form of service is valid if the impulse comes from the Most High.



The energies of service are manifest in many ways. However, no form can contain them; no word can define them.

Service is impersonal life flowing through the material planes, disseminating the creative impulse in infinite ways. No configurations encompass it, nor do pathways chosen by humans lead to it.

Service is the expression of your essence. It is the intrinsic quality of your being when you unite yourself to the Source of Life.



In order to serve, your inner life should be in communion with the Spirit; your material life receptive to inner life.



If you receive some information from the inner planes, do not speculate on it. Devotion and surrender, in contact with the energy transmitted, allow you to recognize its Source.



One must be clear regarding forms of contact with the subtle dimensions. What We call

cosmic science is about to be revealed more openly than in the past.



To be attentive to the directions that are being pointed out to you means to safeguard a great treasure. Be careful not to let your con-sciousness become vulnerable. Do not let harmful impulses penetrate it.

If you are vigilant you will not suffer the assaults of harmful impulses. If at each moment you are united to the Good you will be pro-ected by the Energy that includes and permeates all. When you stray or forget what has been placed in your hands, recognize it and recover your steadfastness.

You should remain watchful. The time is now. Safeguard all that has been entrusted to you.



When the light of your soul appears like a sun, you will no longer need to keep your little lamp shining. Everything will be bathed in intense brightness. You will always have this inner light to shine on you. Take care so that it may continue to be strong and alive when gusts of wind try to extinguish it in your external consciousness.



Quietude lies in the depths of the ocean. Little by little the diver must leave off clashing with the waves to seek this serenity. Pressure is greater in deep waters; likewise, the potency of the energy is greater on the inner planes of consciousness. You have to adapt yourself to each new plane you reach, uniting

yourself to its energy. In this way you will receive the impulse to go on advancing.



We speak to you of the life in union with the Spirit. You are being invited to enter the path of the essence. This unification will be a reality for you.

You have received a grace. From now on you are no longer to be concerned about yourself. Let Life act in the silence of surrender to the higher will of your being. You are being asked to allow inner reality to reveal itself.



The new time that is being forecast is a time in which the one's entire potential is surrendered to the deep core of

consciousness. Many are prepared and are already within this energy. Any movement without inner guidance can become sidetracking.

The life that awaits you is a life in which the origin of everything, the source of all movement, manifestation and expression, must lie in the spiritual worlds.



You live on a planet where for many eras you were engaged in picking yourself up after falling. This stage is now being completed. For some, it will come to an end.

In each new stage of contact your channels must be adjusted to the corresponding attunement and frequency.

Learn, also, to understand the times in which

you are not aware of contact with Us. They are like sleep. They contribute to the equilibrium of your bodies. If, during these periods, you think nothing, want nothing and seek nothing, you will be in correct attunement for Grace to work in you. Each doubt, uncertainty, or fear is an obstacle.



On the inner planes you are instructed so as to fulfill the Law. At each level you reach, the instruction prepares you to cross new portals in order to be closer to the Creator-Source. These steps make you a pilgrim on the way to the Great Dwelling Place. They vivify the potency of your energy.



If your mind questions: “Would it not be possible to accelerate the cycles for the seeds to germinate quicker”? We tell you, you must give the seeds sun for warmth to sprout, water to quench their thirst for awakening, and good soil in which they can burst into life. What happens after that is not up to you to decide. A farmer cannot speed up the development of the plants that the seeds carry within them. The farmer’s work is to let the Light encased in each seed be revealed. Therefore, offer them to the One Who engenders the birth and death of all things.



Matter need not be considered an obstacle. If you join it to the Fire of the Spirit, you can have it as part of the Imperishable Work.



Those who faithfully carry on their own task uplift themselves and draw near to new inner sources.

It is necessary to proceed along all stages of the way with determination, without sidetracking.



You know how important it is to be a presence that radiates peace, harmony, and serenity and to live like a point of Light.

But what hinders you from being completely imbued with this task is averting your attention from inner life to what is happening around you.

Keep your attention firmly on inner life. This does not exempt you from participating in daily life. On the contrary, it allows you to act with wisdom. If you are able to do so, you will better

recognize what comes to you from the supra-mental world and you will act in accordance with its laws.



What really is your choice? If, in this world, the life of matter is degenerating, what could you expect to find in it that is conducive to evolution?

To water parched land, nothing is more effective than the torrents of water that fall from the sky. Likewise, to renew your existence, nothing is more effective than surrendering to your inner self. You can linger in the stopping places of the human deserts, but if your quest for spiritual life is sincere, you will see that these oases that appear to you are mere mirages. Fresh mountain breezes are awaiting you.



You must become a source of inspiration to those who seek the higher worlds. However, you will be unable to give yourself completely so long as your need for personal fulfillment imposes boundaries. Seek to overcome those aspects of your being that do not correspond to the life of service.

If these were normal times we would tell you: "Like a sculptor, mold your bodies to the image of perfection." But in these times of emergency, surrender is the direct way.



In preliminary stages you had to channel the Fire of Transformation through the narrow conduits of your bodies so that, in a gradual purification, they could respond more perfectly to the impulses of the Spirit... But today it

is your surrender that dissolves limits. Open yourself to it.



In silence you will understand deeply the rhythms of Life in your fellow being. But look further. Cultivate purer unity, in which there is no longer you and your fellow being. Communing with Life, you will become a single reality.



Monastic life, when lived in truth and integrity, is one of the purest expressions of spiritual energy. Through monastic life the Spirit can bring the magnificence of its existence down to the material planes.



Monastic energy shows that the Spirit is in all things, thus eliciting respect for everything and everyone.

When attracting beings to complete dedication to inner life, this energy protects them from the clashes that occur on the denser planes and encompasses them in an aura of peace and harmony.



Monastic energy sets apart some of those who surrender to it to bring about a divine alchemy in the center of the heart. Surrender and prayer nurture this alchemy, which transforms everything that still does not express the infinite mercy of Life.



The life of prayer of a service group is like the blood that circulates through a body. It should be the life-fluid of all those who make their vows there. They should find their sustaining energy in prayer.

Prayer will be like a guiding light for those who enter the path of the Spirit. However, since no two beings follow the same path to reach the Dwelling Place, do not expect Grace to touch you in the same way as your fellow beings. Be grateful for that which you are given. Do not compare yourself to anyone else.



There are no better or worse ways among the diverse forms of treading the inner path. Rid yourself of divisions. You will see that everyone is on the way to perfection.

You must build strong foundations to enter inner life. Braced by surrender, humility, and detachment, the tremors of the world will scarcely upset you.



The state of humility makes it possible for inner energy to permeate your material bodies more freely.

Profound transformations cannot take place in you as long as you are turned in toward yourself, be it to your potentials or to your limitations.



The life of prayer is the expression of the Spirit in service. It is a life in which you confirm your surrender to the will of the Spirit not only in the subtle worlds, but also on the material planes.

This surrender reverberates on human consciousness in unimaginable ways. It foretells an existence that is free of the limitations of human free will. Thus, the state of continual praise to the Infinite is made possible.



The beings marked for the way of prayer do not talk about it. Those who pray are faithful to silence. Their most sacred service is unity with the Spirit Itself.



Fulfill the essence of the invocation: “Oh Lord, if I were given a choice, I would not want to want anything. I would put my boat onto an ocean of love and let it be carried by You”...



Seek a state in which material commitments do not inebriate you. Live like a chalice filled with balms of the higher worlds, poured over a world in need.



If you enter the life of prayer, you will establish an inner relationship with your fellow beings. Thus, even though you might never meet them, you will be a point of reference to them. And your light—which you do not even see—will be a beacon to illuminate their path toward worlds of peace.



In times such as these you should love your inner energies in a special way. They are times in which positive action of those who surrender to prayer is greatly needed.

The deeper the state of prayer, the more it is radiated. The more ardor and sincerity there is in prayer, the more abundant the blessings can be that are radiated throughout the Earth.



If you had been able to hear, absorb and manifest what had already been transmitted to you, nothing more would have had to be said. True asceticism consists in putting the teaching into practice. This is tantamount to a rebirth of matter. It is an arduous task, but each step sincerely taken increases the freedom with which the divine world speaks to the concrete world.



Five kinds of entities govern legions of adverse forces and drag human beings toward disharmony and disintegration:

- + those that incite anger, quarrels, and fights;*
- + those that stir up ravaging and destructive actions, rebellions, clashes and deaths; brutalizing humans;*
- + those that instigate greed, lies, deceit and intrigue, inciting loss of faith;*
- + those that rouse impurity and bodily pleasures;*
- + those that induce injustice and bribery.*

Remember human beings themselves generated many of these forces that exist on Earth. Disharmonious attitudes and actions create disorderly vortices that lead to similar behavior.



Diverse dark entities use intelligence to subjugate human beings and thus control the play of forces. They are linked to evil, which has roots in the cosmic plane and which, up until now, has found ground for its free expression on planet Earth.

To recognize this play of forces may help you to not let yourself be overcome by conflicts and to contact the spheres of light and truth that are always ready to embrace you.

There is no better way to deal with such forces than by dissociating yourself from the ego. This ego is the only door by which they can enter.



The most vital surrender that must take place is the surrender of the ego. This cannot be done by human effort alone, but only by the action of Grace.



You will gradually reach the state of spiritual consciousness as the qualities that the Spirit imprints on your soul and on your personality become more mature. Your soul will be consumed in the Fire of the Spirit, which will also ignite the material particles of your being. When this occurs, more potent and elevated energy, the energy of your Divine Self, will be actuated in you. The premise underlying this process is summed up in really having the Divine Self as your only purpose — and you do not know how profound this is!



If you expect some kind of approval or response for having fulfilled an evolutionary deed, you have still not grasped what it means to stand only before God, in surrender to His designs.

Seek to serve unselfishly. Prepare yourself for the freedom that comes from this greater surrender. Would not the Creator-Energy that brought you to life know how to direct you toward the pathways that are yours?

However, your surrender should also not be motivated by self-interest. If you are thinking of reaping benefits from surrender, it is because evil has crept into you, masquerading as selflessness.



Do you know what dying to the world means in its fullest sense? Then go and do so.



Your task is to stand before the Energy that gave you life. With this attitude, do what is

asked of you. Put the love that unites you to Us into whatever you do.

Raise the quality of your actions. Then, when you no longer want to gain anything from what you do, your work will be transformed into Service. And it does not matter if it seems grand or minimal; these values bear no weight. Reality is beyond what your eyes behold.



The most pure offering is the one that you give to Life as a hymn of love. This is worth more than many deeds. You can accomplish laudable actions with your hands, but the key to singing this hymn lies in how much of you rests in the Spirit.



Do not deceive yourself with what the eyes see,

the mind creates, the words say. What you must do is not a lot or a little: it is to put into everything the love you receive from the Infinite.



In inner silence you will know brotherhood, life in communion with Us, life in which you will surpass the limits of material inertia.



Your service should not be enclosed in groups or nations. Open yourself to the totally Unknown, to the Infinite that calls you.



Accomplishments of the Spirit are not limited to isolated individuals. What is given to you by the Spirit embraces all of your fellow beings as well. Do not allow yourself be taken

in by the illusion of an individual life of seclusion. You are in a silent unifying process, in a life that must express inner and subtle truths.

If you understand this, you will be united to everyone.



*When you silence expectations,
plans for the future,
memories of the past;
when you silence the search
for material fulfillment,
the urgings of the ego,
emotional demands,
mental doubts,
analyses and deductions;
when you silence
the charm of the beauties of the world,*

*the joys that have gone or that could come,
the search for contact with the soul,
the anticipation of union with the Life;
when you silence all,
when all yearnings have been quieted,
you will then,
in the most pure and complete silence,
be able to truly surrender yourself.
If lilies did not know surrender,
could they still attire themselves more
splendidly than any king of the Earth?*

*If birds did not live only
to glorify the Creator
could they still know freedom,
and have the skies as their home?*

*Surrender and entry into the Kingdom
are but one and the same path.
By it you will reach your Destination.*

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